HISTORY OF HORMONAL THERAPIES FOR THE TREATMENT OF GENITOURINARY SYNDROME OF MENOPAUSE November 8, 2022

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1	# Question	Answer
	1 Getting my question in obnoxiously early-I've seen some studies lately saying vaginal estrogen isn't safe for patients	Vaginal estrogen tablets and ring are safe and effective, we don't recomme
	on aromatase inhibitors. Any thoughts or data on this?	prasterone.
	2 Are there still the same contraindications when prescribing estrogen therapy to menopausal patients are there are	No there is no since its a different estrogen. If they have known CVD we do
	when prescribing estrogen therapy to non-menopausal patients? (Example: smoking, migraines with aura, HTN,	
	3 I want to learn the dose and duration of local estrogen and testosteron for hormone induced vestibulydina	Different doses are used, estradiol/testosterone 0.01/0.1% to 0.03/0.1% ar
	4 To clarify, is concominant progesterone not indicated with local estradiol?	Yes, not needed.
	5 Dr. Goldstein, the before and after pics are after local DHEA? Is that what you are using for your androgens here?	
	6 Source for vaginal DHEA? compounded? Dose?	Intrarosa, FDA approved 6.5 mg daily insert.
	7 Any tips for Intrarosa compliance? My patients hate that it's qd.	
	Any new DHEA products on the pipeline?	
	8 Do you routinely measure hormonal levels? Do you adjust therapy to number? Symptoms? Physical exam?	
	9 Would it be beneficial to add DHEA to estradiol.01% and Testosterone.1%cream used for hormonally associated	
	vestibulodynia and/or GSM?	
	If so what dose?	
	10 I have two question:	
	11 1. Primarin cream is not available in our country. So can i use oestrogen (estradiol)? Is there any difference in the	Similarly effective
	effectiveness of the treatment?	
	12 2. When treating hypoactive sexual desire disorder, do you often use flibansetin or bremelanotide? If not, what can	This seminar was on GSM, not HSDD.
	be replaced with this medicine?	

nend creams, and data is still emerging on
on't recommend estrogen.
are typical.